

Sunday Readings

February 1 Epiphany 4

Deuteronomy 18:15-20

Psalm 111

1 Corinthians 8:1-13

Mark 1:21-28

February 8 Epiphany 5

Isaiah 40:21-31

Psalm 147:1-12, 21c

1 Corinthians 9:16-23

Mark 1:29-39

February 15 Epiphany 6

2 Kings 5:1-14

Psalm 30

1 Corinthians 9:24-27

Mark 1:40-45

February 22 The Transfiguration

2 Kings 2:1-12

Psalm 50:1-6

2 Corinthians 4:3-6

Mark 9:2-9

February 25 Ash Wednesday

Joel 2:1-2, 12-17 or Isaiah 58:1-12

Psalm 103 or 103:8-14

2 Corinthians 5:20b—6:10

Matthew 6:1-6, 16-21

Sunday Worship Schedule

7:30 am Traditional Eucharist

8:45 am Childcare, 2nd floor

9 am Bible Study; Adult Forum

10 am Choral Eucharist,
Children & Youth Programs

Children are escorted to Sunday School after the "Blessing for the Children," at the beginning of the 10 am service.

Noon Worship Schedule

Wednesday—Healing Eucharist

The last Friday of the month is a Requiem Eucharist

Monday Evening Prayer

5:30 pm In the Chapel

The Inauguration – A Pilgrimage

By The Reverend Eleanor Ellsworth

Attending the Inauguration of the 44th President of the United States of America will forever remain in my memory. I have had the opportunity to be present for other Inaugurations; however, not like this one, not in this way.

Since details of the day have been covered in all media, and my sermon given the first Sunday after the Inauguration included some highlights about the Inauguration and the Inaugural Prayer Service at the Washington National Cathedral, I will share a few personal reflections from the experience:



Eleanor's view from her pew in the National Cathedral!

Firstly, I regarded "going to the Inaugural" as a pilgrimage, one with civic and spiritual legs. With my husband, Bob, I had an opportunity to attend events together prior to the Inauguration in Washington, which were not "inauguration" events *per se*, but prepared me to hear the words of the Inaugural with freshly tuned ears and think in terms of our overall national interest.

In a matter of a few days we had the privilege of listening, at different special events, to Admiral Michael Mullen, Chairman of the Joint Chiefs of Staff, Mr. Dennis Wilder, President Bush's National Security Council Senior Director for Asia (the "China expert"), and Dr. Henry Kissinger.

In actual pre-Inauguration events, I attended a huge women's luncheon with some San Diego women and heard a variety of voices of newly elected women in the incoming administration, including the House Majority Leader and the incoming Secretary of State. Regardless of political persuasion, being in a room with enormous electricity was just plain fun and uplifting. The next event my daughter and I attended together was one in which we heard the current Ambassador from Afghanistan address the critical and dangerous situation in Afghanistan and Pakistan.

The next day was the Inauguration itself, and the foot work to get there was not for the faint-hearted as Sara and I learned, but it was worth every step, and the metro mush, coming and going. Channel 8 caught up with us and in-

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The Inauguration – A Pilgrimage, continued

(Continued from page 1)

interviewed as the “mother and daughter duo from Del Mar!”

The respectful silence of the crowd during the Inaugural address and ceremonial events remains with me. I believe those of us there, and those watching earnestly on television or listening to the radio broadcasts, all shared a momentous event which was grounded in a spirituality of bondedness with one another.

I look at the picture above me as I write this piece—it is called “The Golden Rule,” the iconic Norman Rockwell mosaic at the United Nations Headquarters in New York—and I see what I felt being part of the throng of humanity there on the lawn of the Capitol: all God's children, every race and nation.

These are only a few thoughts from a transformational series of days I had with my husband, my daughter, and my son, each differently. I thank God for the opportunities afforded to me and mine, and share them with you in hopes you will share your civic and spiritual interests and concerns not only with me, but with all of us at St. James and beyond. We are a blessed people, with a gracious God. 



The Norman Rockwell Mosaic was presented on the occasion of the 40th anniversary of the United Nations in 1985, by Mrs. Nancy Reagan, the then First Lady, on behalf of the United States.

**Please come to the
St. James Annual Meeting.
Feb 8th, after the 10 am Service
in St. James Hall.**

**Ash Wednesday services will be
held at Noon and at 7 pm, Feb. 25th**

**We are looking for donations of gardening
supplies, especially gas-powered lawn mowers
(in good order please!). If you can help,
please call Michael at 858 459-3421 x112.**

Youth Notes

By Chris Bernard, Pastor for Youth & Families

Upcoming Events

Confirmation

On Sundays in the VS room, after the 10 o'clock Service (at 11 am), from **February 15 to April 5**, Chris Bernard will be offering a 90 minute Confirmation Course for High School students in preparation for Bishop Mathes' May 17th visit. This 8-week crash course will ask some of the most basic questions about God, the Episcopal Church, and the Christian Life. If you are interested in attending or would like more information, please contact Chris Bernard, Pastor for Youth and Families at 858 459-3421 x120.

Shrove Tuesday Pancake Supper!

This year, the Youth of St. James will be hosting the annual Shrove Tuesday Pancake Supper. Join us on **February 24, 2009** for an evening of pancakes and fellowship in St James Hall from 6 PM to 8 PM. Suggested Donation: \$10.00 All proceeds go to the Youth Program.

Happening Retreat! March 6-8, 2009

Do you want to know what other High School Students are thinking about Reality, Faith, Grace and Jesus? Do you want to get a way for a weekend and ask these questions for yourself? Then you need to check out *Happening*. *Happening* is a renewal weekend for high school students by high school students. This Spring marks *Happening's* 52nd Retreat for the Diocese of San Diego. Come and join us for a weekend in Vista! Cost: \$85.00. **The registration deadline is February 18, 2009.**

Contact Chris Bernard, Pastor for Youth and Families. 858 459-3421 x120 for more information on this and all other Youth Programs. You can also contact him at Chris.bernard@sjbts.org

Children's Ministries for February

February 8

While parents discuss the Annual Report in the Hall, kids will have a fun workshop and luncheon after church in the VS room! Don't miss it!

February 15

Miss Mandy gives the Children's Blessing in Church.

February 22

The last Sunday before Lent....will you give anything up? Let's talk about it in Sunday school!

Women's Dinner Group

Tues., February 10, 6pm

Join us for an evening about
"La Cuna"

With Executive Director,
Rachel Humphreys

There are over 5,000 children in San Diego foster care. Over a third are between 0 and 5 years old, and half are Latino. La Cuna is the only Foster Family Agency in San Diego focused on services to Latino infants and toddlers. \$15 for the dinner. Please RSVP by Mon., Feb. 9 to the office or sign up after the services.

Enjoy Evensong

February 15 at 5 pm

Join us on the campus of The Bishop's School in St. Mary's Chapel for a beautiful early evening service. The Rev. Blayne Colmore will officiate. Our final Evensong of the season will take place on March 15th. Sunday evenings seem to be a time when even the busiest of us may pause, take a breath, and collect our thoughts for the coming week. Time to pray, time to listen, time to think—these are some of the many gifts offered by Evensong. All are welcome to this beautiful service.

Lent Resurrection: Notions of the Greater Life—Five Wednesdays, March 4—April 1.

Explore different ways to understand the Resurrection with Dr. Randal Gardner.

Together we will reflect and clarify our own ideas and beliefs. We begin with a service at 6 pm, then dinner, and program at 7:10 to 8:30 pm.

LUNCH BUNCH AFFAIRS OF THE HEART Wed., February 18 at Noon

Dr. Herman Froeb, Honorary Staff Member of Scripps Memorial Hospital and former Associate of Clinical Medicine at UCSD, will present a program on the heart; its history, anatomy, function and preservation. He will bring us up to date on the new developments in heart problem prevention and treatment. This promises to be a fascinating presentation.

Be sure to make lunch reservations by noon, on Monday, February 16th by calling 858 459-3421. Lunch will be catered by the Girard Gourmet, and the cost is \$7.00.

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Who Am I?

Coming April 24 to 26

is an opportunity to explore our
answers to this question.

In this small-group workshop facilitated by Marietta Fahey, you will:

- clarify and strengthen your deep inner resources,
- illuminate and strengthen your positive qualities,
- identify relationships which are truly life-giving and growth-promoting,
- open pathways for growth leading to greater confidence and peace.

The class is \$250. Please call the office, extension 110, for more information, or refer to the "Who Am I?" posters on the bulletin boards.

8 Week High School Confirmation Course begins on Sunday, February 15 (changed from the earlier published schedule)

Taught by Chris Bernard, Pastor For Youth and Families. Contact him at Chris.bernard@sjbts.org or 858 459-3421 x120.

St James is accepting Reservations for 2009 Weddings & Receptions

Book your 2009 Wedding or Reception by contacting Chris Bernard at 459-3421 x120 to reserve your date for the Church, Chapel and St. James Hall.

Volunteer Greeters Needed

We are looking for volunteers to serve as Greeters for the 10:00 AM Sunday morning service.

The only requirements are: a welcoming smile; to be available 15 minutes before and after the service; to welcome new people and offer them a "Welcome Bag" filled with literature about St. James.

If you are interested, please contact Anitha Hughes at 619 881-6300.

St. James Gift Shop

Don't Forget!

Valentine's Day is February 14

Stop in for your cards and tokens of love and friendship. Wonderful new shawls have arrived from Kashmir, at a very special price of just \$45 each.

Watch for our annual book sale on **February 15!**

Karen Fast, Manager



St. James by-the-Sea
Episcopal Church
743 Prospect St.
La Jolla, CA 92037
Phone: (858) 459-3421
www.stjamesbythesea.org

St. James Music Series

Don't miss the next concert with baritone **Rod Gilfry** on **Sunday February 8th at 4PM**. The program will include music by Samuel Barber, Aaron Copeland, and Charles Ives as well as a great second half including songs by Gershwin and music from *Carousel* and *The Most Happy Fella*. Rod Gilfry sings all over the world. This is an amazing opportunity to hear him right here in La Jolla. Also, tickets for **The Vienna Boys Choir** on **March 8th at 4PM** are going fast. Call Steve at 858 459-3421 X109 for more information or to purchase tickets by phone.

Tickets are still available. Call Steve Townsend at 858 459-3421 x109

ST. JAMES BY-THE-SEA
EPISCOPAL CHURCH

Music Series

opera sensation
ROD GILFRY
special engagement
FEBRUARY 8 | 4PM

TICKETS \$95
Call for Info 858.459.3421 x109

St. James by-the-Sea
Episcopal Church
743 Prospect Street, La Jolla
Phone 858.459.3421

The 2009 Music Series
February 8 Rod Gilfry
March 8 Vienna Boys Choir
April 19 The Australian Chamber Orchestra
Richard Toynetti, conductor